

Recording, editing & uploading resources

VIDEO

Basic selfie video instructions using a phone

1. Setting up your camera.
If you haven't got someone available to record you, use a selfie stick, a stack of books or one of the shelves on your bookcase to hold the camera. If none of these options are available just hold the phone with your hands and record.
2. Orientation. Record horizontal (landscape) rather than vertical (portrait).
3. Framing. Frame your shot so you are in the centre. Aim to get your whole head from chest up in the frame.
4. Audio: Stay close to the camera and record in a quiet place
5. Stop/Start: Use the Two Mississippi Rule. In order to give enough room for editing, count two Mississippi before you start/stop recording.

Want some more instruction on shooting a selfie video? Read this guide from Make Use Of:

[How to Take a Good Selfie Video: 10 Tips](#)

Basic Video logging instructions

YouTube has a trove of resources on shooting video from your phone. If you're looking for basics on framing shots, audio, apps and equipment that can help with shooting, check out the first 11 minutes of this video from Jeven Dovey, [How to Vlog with a Phone - Beginners Guide](#)

Video Editing

If you don't already have video editing software on your computer (e.g., iMovie for Mac or Windows Video Editor for PC), you can find all sorts of free solutions online. [Here's a list of video editing software](#) suggested by Creative Bloq along with their pros and cons.

Video Uploading

If you're contributing video content and/or including video content as part of your content, it's ideal to upload it to a platform like YouTube or Vimeo then send the link for TYRMC to post. Instructions on [uploading to YouTube](#). Don't have a YouTube channel? [Here's how to create one](#) so that you can post your video content for free.

AUDIO

Basic audio recording instructions using a phone

YouTube also has a trove of resources on recording audio from your phone, but a lot of these focus on buying specific products. Here are some tips on getting decent audio recordings using just your phone from [Tech Overwatch](#).

Audio editing

If you don't already have audio editing software on your computer, there are a number of free solutions online. [Here is a list compiled by Filmora.](#)

Audio uploading

- If you want to upload just a brief audio file without any visual content and you're not currently using a podcast platform, you can use a platform like Soundcloud to host the audio file. [Here are instructions on uploading to Soundcloud directly from your phone.](#) If you don't currently have a Soundcloud account, you can create one [here](#).
- If you'd like to try your hand at creating an audio podcast, but don't want to commit to producing one regularly just yet, you can use a platform like Podbean for free. [Simply sign up and follow the steps to upload.](#)
- Thinking of adding a few visuals to your audio file? Using software like PowerPoint, it's easy to assemble a slide deck and make it into video. [Here are some instructions on how to put it all together.](#) As soon as it's finished, simply follow the instructions in the video section on loading it to YouTube.